

# Woolwich Swim Team Safety Information for Participants



Woolwich Swim Team is starting swim practices the week of October 13<sup>th</sup>. Practice formats have been modified in order to accommodate COVID-19 safety procedures to allow everyone to return to the pool in a safe manner.

Here is what you can expect at the Woolwich Swim Team practices:

- All Woolwich Swim Team participants must complete the online attendance and health screening prior to EACH swim practice. Please follow instructions that will be provided via email.
- Self-screening will follow the [Ontario Government COVID screening for schools and child care](#). If your swimmer does not pass the health screening the day of practice, do **NOT** attend practice or enter the Woolwich Memorial Centre facility.
- No spectators will be allowed into the Woolwich Memorial Centre unless your swimmer requires assistance to change. Spectators entering the facility are required to complete the attendance and health screening.
- Swimmers must come to the pool wearing their swim suits. **No change rooms will be available to put on your swim suit.** Outer clothes will be removed and placed in a bag that can be stored on the pool deck.
- Swimmers will be greeted at the front side entrance 10 minutes prior to pool time by a coach or volunteer to check that their online attendance and health screening is complete. **Please do not come earlier than 10 minutes before your practice time.**
- As per the Region of Waterloo Mask Bylaw every person inside the facility must wear a face covering. Swimmers will remove their face covering when entering the pool and store with their other belongings.
- Hand sanitizer will be provided at the entrance and must be used prior to entering the facility by all participants.
- Once in the facility, swimmers will be instructed to follow floor marking and signage to the family change room.
- Swimmers may need to wait to enter the family change room until space is available. A coach or volunteer will be available to assist with safe entry into the change room.
- Swimmers must shower before entering the pool deck.
- Swimmers will take their belongings, as directed by coaches, to a designated area on the pool deck.
- Woolwich Swim Team coaches will be organizing swim practices in a way that allows swimmers to maintain physical distancing. **Swimmers MUST follow instructions from coaches and volunteers so that practices can be conducted in a safe manner.** Any swimmers not complying with these instructions will be asked to exit the pool.
- At the end of practice, swimmers will collect their belongings and exit the pool through the men's or women's change room. A maximum of 8 swimmers is allowed in a change room at one time. **NO SHOWERS will be allowed after swimming. Swimmers must quickly change into their outer clothes and exit the change room.**
- Swimmers will exit the facility through the side doors by the Senior's Centre.